

1GC | Family Law

Tahmina Rahman

Year of Call: 2001



Practice Overview

Tahmina is an experienced and highly regarded specialist Children practitioner. Her practice encompasses all aspects of both the Public Law and Private Law fields. Tahmina regularly acts for local authorities, parents, grandparents and interveners and her cases have involved representing parties where there have been babies/infants suffering fractures, serious inflicted injuries in 'witchcraft' or 'sorcery' cases, a child at significant risk from gangs and a case involving sibling sexual abuse. She also accepts instructions in the full spectrum of financial remedy cases.

Tahmina has been appointed as a Recorder (Family) for the South Eastern Circuit.

She also sits as a Deputy District Judge authorised to hear civil cases and family cases, including financial remedy, public and private law cases, and as a Fee-Paid Judge of the Employment Tribunal.

Tahmina was elected as FLBA secretary, effective from January 2026.

Tahmina is the Equality Diversity and Inclusion Officer of Chambers.

She is also a LexisNexis Case Analysis Expert Panel Member.

Children (Public Law)

Tahmina has experience over many years conducting complicated care cases for local authorities, parents and children. Many of her cases involve a scrutiny of complex medical evidence. She led a junior and successfully resisted an appeal before the President in the Family Division in which the Court was asked to provide guidance on the duties of local authorities in care proceedings and in cases involving relinquished babies to notify fathers and wider family in cases where a parent objects: **Re A, B and C (Adoption: notification of Fathers and Relatives)[2020] EWCA Civ 41**.

Tahmina represented a local authority before the Court of Appeal successfully appealing against a finding that the threshold for making a care order had not been made out: **K (A Child): Threshold Findings [2018] EWCA Civ 2044**.

Children (Private Law)

Tahmina regularly represents parents and children in private law cases.

Family Finance & Property

Family finance and property – Tahmina has considerable experience in matrimonial finance cases, advising and representing clients in substantial asset and complex matters involving trusts, foreign assets, bankruptcy, inherited wealth and TOLATA claims.

Notable Cases

Cardiff and Vale University Local Health Board v SR & Ors [2026] EWHC 348

H, Re [2025] EWFC 337 (B)

Prospective Adopters v A Local Authority & Ors [2025] EWFC 362 (B)

M (A Child: Intermediaries), Re [2025] EWCA Civ 440

A (A Child) (Fact Finding; Modern Slavery) [2021] EWFC 79

Cases A, B and C (Adoption: Notification of Fathers and Relatives) [2021] EWHC 224

Re A, B and C (Adoption: notification of Fathers and Relatives) [2020] EWCA Civ 41

K (A Child): Threshold Findings [2018] EWCA Civ 2044

What the Directories Say

"Tahmina demonstrates relentless determination in pursuing justice for her clients. She is undeterred by complex or challenging cases, and in the fast-paced environment of the courtroom, she is able to think on her feet with clarity and composure." **Leading Junior - Legal 500, 2026**

"Tahmina is a compassionate, highly skilled barrister. She goes above and beyond for the client. She is knowledgeable, personable and fearless." **Tier 6 - Legal 500, 2025**

"Tahmina is an impressive advocate. She communicates clients' cases calmly and clearly. She is thorough, and the depth of her knowledge in this area is always so helpful. She is approachable and collaborative to work with, which is also really helpful for clients. She is a go-to counsel in children's law cases." **Legal 500, 2024**

Education

Law, University College London

Law School: Inns of Court School of Law (2001)

Appointments

Recorder (Family) (South East)

FLBA secretary, effective from January 2026.

Equality Diversity and Inclusion Officer of Chambers.

Deputy District Judge

Fee-Paid Judge of the Employment Tribunal

Awards

Nominated, Family Law Awards case of the year 2020.

Memberships & Associations

Family Law Bar Association

The Honourable Society of Lincoln's Inn

Seminars, Publications and Training

Assistant Editor, Family Affairs (Newsletter of the FLBA)

LexisNexis Case Analysis Expert Panel Member

Languages

Bengali