

1GC | Family Law

Rebecca Mitchell

Year of Call: 2000



Practice Overview

Rebecca specialises in family law and has done so throughout her career. She appears at all levels of court representing parents, grandparents, children, Guardians, the Official Solicitor and Local Authorities. Rebecca has particular skill and experience with vulnerable clients or those who find court proceedings particularly difficult or stressful. She is often instructed in cases involving complex fact-finding and where there are serious allegations of harm to a child. She has extensive experience of challenging expert evidence.

Children (Public Law)

Rebecca regularly appears in public law cases concerning children. She is often instructed in cases involving allegations of very serious harm to a child. She is able to advise and assist on the instruction of experts and challenging expert evidence in court. She has experience of complex care planning and the scrutiny of Local Authority conduct. She is very familiar with assisting vulnerable witnesses including children give evidence. Rebecca regularly appears in cases involving adoption and cases with an international element.

Children (Private Law)

Rebecca has extensive experience of Private Law proceedings regarding children. She has appeared at all levels of court including the Court of Appeal. She regularly appears in cases involving Child Arrangement Orders, applications for leave to remove from the jurisdiction, internal relocation, applications for Prohibited Steps and Specific issue orders. Rebecca is often instructed to deal with cases involving intractable hostility and cases involving serious allegations of harm to a child.

International Family Law

Rebecca has considerable experience of family cases involving an international element and/or a foreign jurisdiction.

Domestic Violence & Injunctions

Rebecca has appeared at all levels of court to obtain injunctions on a without notice and on notice

basis.

Court of Protection

Rebecca accepts instructions to appear in the Court of Protection.

Direct Access

Rebecca can be instructed on a direct access basis.

Notable Cases

Kent County Council v R & Anor [2024] EWFC 226 (B)

G (Non-Accidental Head Injuries), Re [2024] EWFC 172

Re S & ORS: Re W & ORS sub nom Re W & B (Children): (Child Plan 2002) 1 FLR 815

Re Z (Children) [2014] EWHC 1999 (Fam)

X, Commissioner of the Metropolis and Others v Z (Children) [2015] EWHC 34

London Borough of Brent v D & Ors (Compliance with Guidelines on Judges Meeting Children) [2017] EWHC 2452 (Fam)

N (Children) (Interim Care), Re [2020] EWCA Civ 1003

What the Directories Say

"She always has excellent knowledge of both the legal issues and facts in a case. Hers is a very clear and straightforward approach backed up with brilliant advocacy." - **Chambers and Partners, 2025**

"She has a deeply principled approach to dealing with clients." **Band 4 - Chambers and Partners, 2025**

"Rebecca takes on anything incredibly effectively. She is thorough and tenacious and gets on with the job. Her advocacy is first-class." **Tier 6 - Legal 500, 2025**

"Rebecca is particularly good at representing very vulnerable clients. She's thorough and leaves no stone unturned." **Chambers and Partners, 2024**

"Rebecca was so impressive; nothing fazed her. She always makes you feel very confident that she has everything in hand." **Chambers and Partners, 2024**

"Rebecca is brilliant to work with, as she's so responsive and organised." Chambers and Partners, 2024

"Rebecca is a fighter and leaves no stone unturned." Legal 500, 2024

Education

Dundee University LLB 1999 (English Law)
Inns of Court School of Law 2000

Memberships & Associations

Honourable Society of Grays Inn

Family Law Bar Association

Association of Lawyers for Children

Fellow of the Westminster Abbey Institute

Court of Protection Bar Association

Seminars, Publications and Training

Rebecca is a qualified Advocacy and Ethics trainer for Grays Inn; training pupils and new practitioners. She is also a qualified pupil supervisor.

She has been a judge at the Inner Temple Varsity Mooting Competition for four years.

Rebecca has provided training to experts in giving evidence to the Family Courts. Rebecca has written and delivered lectures on Schedule 1 of the Children Act 1989, Internal Relocation and Opposing Adoption.

Personal

Cooking, theatre, film and travel.