

1GC | Family Law

Helen Jefferson

Year of Call: 2000



Practice Overview

Helen's practice encompasses all areas of family law with a particular emphasis on both family finance and private law children work for which she has earned recognition in both Chambers and Partners and The Legal 500.

Helen also regularly advises and acts for clients in both Schedule 1 disputes and applications under the Trusts of Land and Appointment of Trustees Act 1996

Helen has considerable experience of representing clients at all levels of tribunal and is frequently instructed in cases where Queens Counsel is instructed on the other side. Helen is equally confident representing high net worth individuals with the most complex of financial arrangements as she is dealing with the often more challenging cases where finances are genuinely limited or limited as a result of the actions of one or other of the parties.

Known for her thorough preparation and her sensible and personable approach Helen has also been described as an excellent advocate with strong analytical skills.

Children (private law)

Helen is regularly instructed in a variety of private law disputes involving allegations of serious domestic violence, sexual abuse and parental alienation. In particular, she is known for her sensitive approach to such issues whilst maintaining a forthright manner in court in order to achieve the best result overall for her clients.

She also has experience in dealing with applications for both internal and domestic relocations, in respect of which she has achieved considerable success.

Family finance & property

Helen has considerable expertise in all areas of family finance and property work.

She is regularly instructed by high net worth individuals and is as confident in dealing with the most complex of business structures and trusts as she is dealing with more modest assets.

Helen also both advises and represents clients in respect of applications made under Schedule 1 of the Children Act as well as assisting to resolve property disputes between former cohabitants

(TOLATA).

Education

LLB Hons Birmingham University