

1GC | Family Law

Fareha Choudhury

Year of Call: 1995



Practice Overview

Fareha is a highly skilled advocate offering robust representation in children proceedings (both private law and public law). Many solicitors who instruct her describe her as their first choice of Counsel.

Children (Public Law)

Fareha is frequently instructed in highly complex and sensitive cases that feature the most serious allegations such as: non-accidental injury (including resulting in death), child trafficking, fabricated and induced illness, radicalisation, forced marriage, domestic abuse, physical and sexual abuse.

Fareha has a great deal of expertise in working with vulnerable adults and children. She has worked with adults and children with a wide range of challenges, such as: learning difficulties, mental illness, multiple disabilities and autism. Fareha has a reputation for showing a high degree of sensitivity and empathy.

Fareha is regularly in the High Court against King's Counsel. Fareha has a reputation as a highly skilled advocate who works extremely hard to achieve the best possible result for her clients.

Solicitors commend her for offering robust and conscientious representation.

Children (Private Law)

Fareha is extremely experienced in the field of private law proceedings. She has a reputation for being thorough, persuasive and highly effective. She is widely known as a very strong negotiator and for offering robust representation.

Solicitors who instruct her find her reliable and highly personable.

Notable Cases

A Local Authority v A Mother & Ors [2025] EWFC 193; Represented the child in care proceedings where the child's sibling suffered abusive head injuries resulting in her death.

A Local Authority v C [2024] EWFC 476 (B); Represented the intervenor in care proceedings

involving brain injuries to a child. The court concluded neither of the parents nor the intervenor were responsible for any injuries to the child. Despite the experts suggesting impact and shaking mechanism, the judge concluded the injuries were caused by an accidental fall.

N (Children: Fact Finding - Perplexing Presentation/Fabricated or Induced Illness), Re [2024] EWFC 326; Represented the father in a complex case where findings were made against the mother of fabricated and induced illness to her children over many years. Fact-finding hearing over 37 days, trial bundle of almost ninety thousand pages.

WZ (Placement with Grandparents) [2024] EWFC 357 (B); Representing the paternal grandparents in care proceedings. Placement with paternal grandparents was approved by the court, despite the Local Authority and Guardian seeking approval of adoption.

The London Borough of Barking and Dagenham v R & Ors [2023] EWFC 338 (B); Representing the children through their Guardian and successfully argued for placement of the children with their mother under a care order.

AB v XY [2019] EWHC 1468; Successful appeal of a circuit judge decision in matrimonial proceedings in a case involving international elements. Insufficient time given to a litigant in person amounted to undue acceleration which constituted a procedural irregularity and making the decision unjust.

Re A and Re B Children [2016] EWCA Civ 1101; Representing the children through the Children's Guardian in the Court of Appeal. Complex care proceedings with 64 lever arch files in fact-finding hearing and 27 files on the permission to appeal hearing.

X, Y and Z (Disclosure to the Security Service) [2016] EWHC 2400; Representing grandparent in High Court case involving allegations of extremism and terrorism related activity. Application by the Metropolitan Police for disclosure to the Security Service.

Re AD and AM (Fact-Finding Hearing) (Application for Re-Hearing) [2016] EWHC 326; Application in the High Court to re-open findings of fact.

Re JC (Discharge of Care Order: Legal Aid) [2015] EWFC B39; Representing the Children's Guardian pro bono in difficult care proceedings.

M (Children) [2014] EWCA Civ 1753; Hearing in the Court of Appeal in care proceedings.

HM (Vulnerable Adult: Abduction), Re Family Division, 30 April 2010 [2010] EWHC 870 (Fam); [2010] 2 F.L.R. 1057. Instructed by the Attorney General's Office, States of Guernsey as an interested party in proceedings before Lord Justice Munby.

Re HM (Adult), PM v KH and Another [2009] EWHC 2685; Instructed by the Attorney General's Office, States of Guernsey as an interested party in proceedings before Lord Justice Munby.

What the Directories Say

"Fareha is an excellent barrister. Her cross-examination is forensic and to the point." **Leading**

Junior - Legal 500, 2026

"Fareha is always very thorough, focused and forensic, and strives to achieve the best outcome for the client." Tier 5 - Legal 500, 2025

"Fareha is always fully prepared and can change her communication style depending on the client. She is a brilliant advocate who will always fight her client's corner to ensure they are heard." Legal 500, 2024

Education

University of Sussex LLB Law Honours

BVC, Inns of Court School of Law

Awards

David Karmel Award Grays Inn 1994-95

Memberships & Associations

Association of Lawyers for Children

Family Law Bar Association

Languages

Bengali and French

Personal

Travel, films, cooking and eating out.