

1GC | Family Law

Nasstassia Hylton

Year of Call: 2007



Practice Overview

Nasstassia's practice covers all areas of family law including, family finance, private law proceedings, public law proceedings, and cases under the Family Law Act 1996 and the Protection from Harassment Act 1997.

Children (Public Law)

In public law proceedings, Nasstassia acts for all parties including parents, local authorities, guardians, competent children, family members and interveners. Her practice covers the complete range of cases and she has significant experience in:

- Acting for all parties in care and adoption proceedings (including those with an international dimension / placement and adoption abroad) in all levels of the Family Court;
- Representation of the Official Solicitor;
- Representation of parties in complex cases including: non-accidental injuries, sexual abuse, PII, substance misuse;
- Representation in cases involving drug and alcohol issues, mental health, learning difficulties domestic abuse and neglect.

Children (Private Law)

In private law proceedings, Nasstassia undertakes cases covering the full range of private law matters including:

- Child Arrangement Orders (including intractable disputes);
- Internal and External Relocation;
- Prohibited Steps Orders;
- Specific Issue Orders;
- Fact finding hearings including successful representation in cases involving: domestic abuse, sexual violence, emotional and psychological abuse;
- Nasstassia represents all parties to proceedings including those with mental health difficulties, vulnerable parties and those where English is not their first language.

Family Finance & Property

Nasstassia acts and advises in all aspects of financial remedies including:

- Proceedings pursuant the Matrimonial Causes Act 1973;
- Disputes between cohabitants concerning financial provision of children (Schedule 1, Children Act 1989);
- Disputes between cohabitants concerning property (Trusts of Land and Appointments of Trustees Act 1995);
- Applications under the Inheritance Act (Provision for Family and Dependents Act 1975).

International Family Law

Nasstassia advises and represents clients in all areas of family law where international issues frequently arise.

Domestic Violence & Injunctions

Nasstassia undertakes the full range of cases under the Family Law Act 1996 and the Protection from Harassment Act 1997.

Notable Cases

LB v LB [2020] EWHC 3840 (Fam)

AB v BA [2024] EWHC 1179 (Fam)

YE v ZY [2024] EWFC 293 (B)

TK v ML [2021] EWFC 8 (03 February 2021)

R (A Child: Appeal: Termination of Contact) [2019] EWHC 132 (Fam)

What the Directories Say

"She prepares every case extremely diligently and gives pragmatic and sensible advice. Always calm and reassuring with clients, she is a tenacious advocate who fights hard."
Band 3 - Chambers and Partners, 2025

"Client's love her and she is absolutely fearless, often outwitting leading counsel with her razor-sharp intellect and meticulous preparation." **Band 3 - Chambers and Partners, 2025**

"An impressive, clear and commanding advocate with fantastic client care skills. She will always go the extra mile." **Band 3 - Chambers and Partners, 2025**

"She demonstrates a calm, measured thoughtfulness when on her feet." Tier 6 - Legal 500, 2025

"A clear communicator who is empathetic towards her clients' needs and wishes. In court, she impresses with her ability to think on her feet and maintain laser-sharp focus when faced with legal curveballs from the opposing side. She is clearly a very respected advocate, who is able to see eye to eye with clients and those that instruct her." Band 4 - Chambers and Partners, 2024

"She is down to earth, approachable and someone who provides sensible and considered advice. Her approach is both measured and robust, and she inspires confidence immediately." Band 4 - Chambers and Partners, 2024

"Nasstassia always impresses on her feet and has the ability to influence the direction of a case with her persuasiveness and thoroughly thought-out arguments." Band 4 - Chambers and Partners, 2024

"Nasstassia is wonderful with clients and able to get on top of papers and the issues in a case quickly. She's exceptionally bright and this shines through in the way she handles matters." Band 4 - Chambers and Partners, 2023

"She's so hard-working and she provides really strategic advice." Band 4 - Chambers and Partners, 2023

Education

BA (Hons) Law and Politics, University of Manchester
LLM Law, University of Leicester
BVC, Nottingham Law School
Inner Temple Scholarship
Inner Temple Duke of Edinburgh Entrance Scholarship

Memberships & Associations

Family Law Bar Association
Honourable Society of the Inner Temple
Association of Lawyers for Children
Member of the Bar Pro Bono Unit

Seminars, Publications and Training

Nasstassia is a co-author of "DIY Divorce & Separation: The Expert Guide to Representing Yourself" (Jordans), 2014 - <http://diydivorce.familylaw.co.uk/1GC-Blog>

Nasstassia is a contributor to the online legal resource, Lexis Nexis.

Nasstassia has provided training in a number of areas including:

Schedule 1, Children Act 1989

Financial Remedies Update Webinar - June 2017

Private Law Children Update Webinar - March 2017

Child Arrangement Orders

The developing area of public law proceedings with a European element - legal principles, guidance and procedure